

Press Release

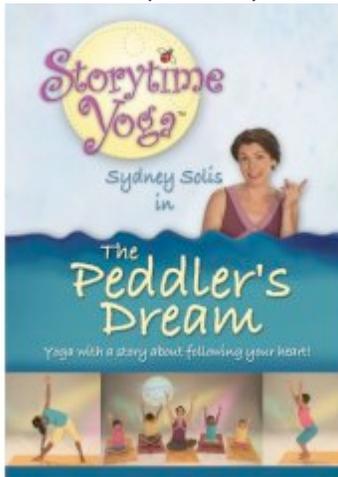
For Immediate Release

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Storytime Yoga: The Peddler's Dream To Debut on PBS Affiliates November 18, 2007

(November 1, 2007, Boulder, CO) Kids learn and play with Storytime Yoga:



The Peddler's Dream, a unique DVD for children ages 3-8 that blends storytelling and yoga. The Peddler's Dream will be distributed on the satellite uplink and broadcast on PBS affiliates throughout the US on November 18, 2007.

Storytime Yoga Founder Sydney Solis stars to teach geography, philosophy, Spanish, poetry and peace and character education as she tells the English folktale of *The Peddler's Dream*. Children retell the story using yoga poses as well as learn songs, breathing and

relaxation.

"Children are naturally receptive to yoga and story," says Solis, a certified yoga teacher and author of two Storytime Yoga books. "Children embody the story and integrate the lesson's cross-curriculum approach. They develop self-confidence and a vivid imagination, which is part of a rich inner life that is needed to keep kids' minds in their bodies and their bodies in harmony with their environments – something that is a challenge for many kids today."

The story is beautifully told with stick puppets created by Artist Angela Beloian, and also features lively Folkmanis puppets Lalita the Latina Lady bug, who teaches Spanish, and Jean-Jacques the pirate, who teaches philosophy.

Storytime Yoga will create a series of the DVDs, seeking to enlighten young minds using traditional stories from different cultures. The story and accompanying activities encourage both literacy and vibrant physical health and encourage parent participation in the home.

Storytime Yoga: The Peddler's Dream DVD

Produced by The Mythic Yoga Studio, Boulder, Colorado

ISBN: ISBN: 978-0-9777063-2-7

Running Time: 28.5 minutes

Price: \$14.95

Ages: Children 3-8

Available: Storytime Yoga website. www.StorytimeYoga.com and Amazon.com and will be available internationally to the book trade in the spring through Independent Publishers Group www.IPGbook.com.