



Kids yoga classes in St. Croix!

Learn and Play the Storytime Yoga™ Way!



Come sit with your child in the Little Lotus with the Queen of Bohemia, Sydney Solis, for an enchanting Storytime Yoga™ class and learn yoga, literacy, healthy living and peace skills.

At the KaliMa Center, Christiansted, St. Croix, U.S. Virgin Islands. Beginning September 13.

- 🐝 Tuesdays 10:30-11:45 am.
- 🐝 \$10
- 🐝 ages 3 -6. Parents are invited to participate with their child.
- 🐝 Class consists of 45 minute Storytime Yoga™ class followed by ½ hour of Storytime Yoga™ Fun Stations – follow up activities with puppets, storytelling, art, dress up, reading and music. Learn to implement health and literacy in your home, as well as work with Storytime Yoga™ books, audios and materials.
- 🐝 For more information, visit www.StorytimeYoga.com or call 340-226-7685
- 🐝 Adult yoga classes taught by Sydney also on Tuesdays 9 – 10 am.



Look for announcements for special Storytime Yoga™ Family Classes as well this fall! Join the Storytime Yoga™ mailing list to stay in touch.